

Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services Illinois Educators Risk Management Program Association — POS-C 1000d

Coverage Period: Beginning on or after: 01/01/2020

Coverage for: Single and Family | Plan Type: POS

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, contact HealthAlliance.org or call 1-800-322-7451. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at <a href="https://www.healthcare.gov/sbc-glossary">https://www.healthcare.gov/sbc-glossary</a> or call 1-800-322-7451 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Preferred Provider: Not applicable Non-Preferred Provider: \$5,000 single / \$10,000 family Per calendar year: January - December	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. The following services are not subject to <u>deductible</u> : <u>emergency room care</u> , <u>emergency medical transportation</u> and spinal manipulations.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other <u>deductibles</u> for specific services?	No	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Preferred Provider: \$3,000 single / \$6,000 family Non-Preferred Provider: \$10,000 single / \$20,000 family Per calendar year: January - December	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	<u>Premiums, balance-billed</u> charges, health care this plan doesn't cover, <u>preauthorization</u> penalties, charges over the maximum allowable charge	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>HealthAlliance.org</u> or call 1-800-322-7451 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes. A <u>referral</u> may be required to see a <u>specialist</u> when utilizing <u>participating providers</u> . No <u>referral</u> is needed for <u>non-participating providers</u> .	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Preferred Provider (You will pay the least)	Non-Preferred Provider (You will pay the most)	Information	
	Primary care visit to treat an injury or illness	\$25 <u>copayment</u> per visit	50% <u>coinsurance</u> , after <u>deductible</u>	None	
If you while a bouldhouse	<u>Specialist</u> visit	\$50 <u>copayment</u> per visit - Spinal manipulations: 50% <u>coinsurance</u>	50% <u>coinsurance</u> , after deductible - Spinal manipulations: 50% <u>coinsurance</u>	Spinal manipulations: Limited to \$500 per calendar year.	
If you visit a health care provider's office or clinic	Preventive care/screening/ immunization	No charge	50% <u>coinsurance</u> , after <u>deductible</u>	Age, gender, & frequency limits may apply. Please see the <u>preventive care</u> section(s) of your <u>plan</u> document. You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services needed are <u>preventive</u> . Then check what your <u>plan</u> will pay for.	
Mary house a took	<u>Diagnostic test</u> (x-ray, blood work)	20% coinsurance	50% <u>coinsurance</u> , after <u>deductible</u>	<u>Preauthorization</u> on select tests may be required.	
If you have a test	Imaging (CT/PET scans, MRIs)	\$500 <u>copayment</u> per procedure then 20% <u>coinsurance</u>	50% <u>coinsurance</u> , after <u>deductible</u>	Preauthorization on select tests may be required.	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at HealthAlliance.org.	Tier 1 (Generic drugs)	<ul> <li>Retail: \$10 copayment per prescription</li> <li>Mail order: \$27.50 copayment per prescription</li> </ul>	50% <u>coinsurance</u> , after <u>deductible</u>	- Retail: Limited to a maximum 30-day supply - Mail order: Limited to a maximum 90-day supply - Preauthorization on select drugs may be required.	
	Tier 2 (Preferred brand drugs)	<ul> <li>Retail: \$40 copayment per prescription</li> <li>Mail order: \$110 copayment per prescription</li> </ul>	50% <u>coinsurance</u> , after <u>deductible</u>		
	Tier 3 (Non-preferred brand drugs)	<ul> <li>Retail: \$80 <u>copayment</u> per prescription</li> <li>Mail order: \$220 <u>copayment</u> per prescription</li> </ul>	50% <u>coinsurance</u> , after <u>deductible</u>		
	Tier 4, 5 & 6 (Specialty drugs)	50% <u>coinsurance</u>	50% <u>coinsurance</u> , after <u>deductible</u>	<u>Preauthorization</u> is required.	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	\$1,000 <u>copayment</u> per procedure then 20% <u>coinsurance</u>	50% <u>coinsurance</u> , after <u>deductible</u>	<u>Preauthorization</u> on select surgeries may be required.	
	Physician/surgeon fees	20% <u>coinsurance</u>	50% <u>coinsurance</u> , after <u>deductible</u>	Preauthorization on select surgeries may be required.	



All  $\underline{\textbf{copayment}}$  and  $\underline{\textbf{coinsurance}}$  costs shown in this chart are after your  $\underline{\textbf{deductible}}$  has been met, if a  $\underline{\textbf{deductible}}$  applies.

		What You Will Pay		
Common Medical Event	Services You May Need	Preferred Provider (You will pay the least)	Non-Preferred Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Emergency room care	\$200 <u>copayment</u> per visit	\$200 <u>copayment</u> per visit	Copayment waived if admitted.
If you need immediate medical attention	Emergency medical transportation	\$100 <u>copayment</u> per transport	\$100 <u>copayment</u> per visit	None
	<u>Urgent care</u>	\$50 <u>copayment</u> per visit	50% <u>coinsurance</u> , after <u>deductible</u>	None
If you have a hospital stay	Facility fee (e.g., hospital room)	\$1,000 <u>copayment</u> per admission then 20% <u>coinsurance</u>	50% <u>coinsurance</u> , after <u>deductible</u>	<u>Preauthorization</u> is required.
ii yoo nuve u nospiiui siuy	Physician/surgeon fees	20% <u>coinsurance</u>	50% <u>coinsurance</u> , after <u>deductible</u>	None
If you need mental health, behavioral health, or	Outpatient services	\$25 <u>copayment</u> per visit	50% <u>coinsurance</u> , after <u>deductible</u>	None
substance abuse services	Inpatient services	\$1,000 <u>copayment</u> per admission then 20% <u>coinsurance</u>	50% <u>coinsurance</u> , after <u>deductible</u>	<u>Preauthorization</u> is required.
If you are pregnant	Office visits		50% <u>coinsurance</u> , after <u>deductible</u>	Cost sharing does not apply for preventive services.  Depending on the type of services, a copayment,
	Childbirth/delivery professional services	20% <u>coinsurance</u>		coinsurance, or deductible may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.)
	Childbirth/delivery facility services	\$1,000 <u>copayment</u> per admission then 20% <u>coinsurance</u>	50% <u>coinsurance</u> , after <u>deductible</u>	<u>Preauthorization</u> is required.



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common  Medical Event  Services You May Need		What You Will Pay		Limitations, Exceptions, & Other Important	
		Preferred Provider (You will pay the least)	Non-Preferred Provider (You will pay the most)	Information	
	Home health care	20% coinsurance	50% <u>coinsurance</u> , after <u>deductible</u>	Preauthorization is required.	
	Rehabilitation services	20% coinsurance	50% <u>coinsurance</u> , after <u>deductible</u>	- Inpatient <u>rehabilitation</u> : <u>Preauthorization</u> is required. Limited to 120 days per calendar year	
If you need help recovering or have other special health needs	<u>Habilitation services</u>	20% <u>coinsurance</u>	50% <u>coinsurance</u> , after <u>deductible</u>	combined with skilled nursing care.  - Outpatient rehabilitation: Therapy limited to 60 visits per calendar year (occupational, speech & physical therapies combined).  - Cardiac rehabilitation: Limited to 36 sessions, within six months of event, per calendar year.	
	Skilled nursing care	20% <u>coinsurance</u>	50% <u>coinsurance</u> , after <u>deductible</u>	<u>Preauthorization</u> is required. Limited to 120 days per calendar year combined with inpatient <u>rehabilitation</u> .	
	Durable medical equipment	20% <u>coinsurance</u>	50% <u>coinsurance</u> , after <u>deductible</u>	Preauthorization on select durable medical equipment may be required.	
	Hospice services	20% coinsurance	50% <u>coinsurance</u> , after <u>deductible</u>	None	
If your child needs dental or eye care	Children's eye exam	\$40 <u>copayment</u> per visit	Not covered	None	
	Children's glasses	Not covered	Not covered	None	
	Children's dental check-up	Not covered	Not covered	None	

# **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Cosmetic surgery
- Dental care (Adult)

- Hearing aids
- Long-term care

- Non-emergency care when traveling outside the U.S.
- Private-duty nursing
- Weight loss programs

#### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Bariatric surgery
- Chiropractic care

Infertility treatment

- Routine eye care (Adult)
- Routine foot care

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the <u>Plan</u> at 1-217-834-3309 or Department of Health and Human Services, Center for Consumer Information and Insurance Oversight at 1-877-267-2323 x61565 or <a href="www.cciio.cms.gov">www.cciio.cms.gov</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit <a href="www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: Health Alliance at 1-800-322-7451. Additionally, a consumer assistance program can help you file your appeal. Contact U.S. Department of Labor, Employee Benefits Security Administration at 1-866-487-2365 or visit <a href="https://www.cms.gov/CCIIO/Resources/Consumer-Assistance-Grants/">www.dol.gov/ebsa/healthreform</a> or visit <a href="https://www.cms.gov/CCIIO/Resources/Consumer-Assistance-Grants/">https://www.cms.gov/CCIIO/Resources/Consumer-Assistance-Grants/</a>.

#### Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

## Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-322-7451.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-322-7451.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-800-322-7451.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-322-7451.

-To see examples of how this plan might cover costs for a sample medical situation, see the next section.-

#### **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

The <u>plan's</u> overall <u>deductible</u>	\$0
Specialist copayment	\$50
Hospital (facility) copayment	\$1,000
Other <u>coinsurance</u>	20%

#### This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (*ultrasounds and blood work*)
Specialist visit (*anesthesia*)

# **Managing Joe's type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$0
Specialist copayment	\$50
Hospital (facility) copayment	\$1,000
Other coinsurance	20%

#### This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)
Diagnostic tests *(blood work)*Prescription drugs
Durable medical equipment *(glucose meter)* 

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

The plan's overall deductible	<b>\$0</b>
Specialist copayment	\$50
Hospital (facility) copayment	\$200
Other coinsurance	20%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)
Diagnostic test (x-ray)
Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

Total Example Cost	\$12,800

In this exan	ıple, Peg	would	pay:
--------------	-----------	-------	------

Cost Sharing		
Deductibles	\$0	
Copayments	\$1,200	
Coinsurance	\$1,800	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$3,060	

# In this example, Joe would pay:

**Total Example Cost** 

Cost Sharing	
Deductibles	\$0
Copayments	\$1,100
Coinsurance	\$200
What isn't covered	
Limits or exclusions	\$60
The total Joe would pay is	\$1,360

# In this example, Mia would pay:

**Total Example Cost** 

\$7,400

Cost Sharing		
Deductibles	\$0	
Copayments	\$400	
Coinsurance	\$100	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$500	

\$1,900

# **IMPORTANT**

Section 1557 of PPACA, a federal law, requires that you be provided this notice.

The notice does not change the terms of your coverage and/or benefits under your employer-sponsored health plan.

Please review the information and keep it with your plan materials.

NO FURTHER ACTION IS REQUIRED ON YOUR PART.



## **DISCRIMINATION IS AGAINST THE LAW**

Health Alliance complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex. Health Alliance does not exclude people or treat them differently because of race, color, national origin, age, disability or sex. Health Alliance:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - o Qualified sign language interpreters
  - O Written information in other formats (large print audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - o Information written in other languages

If you need these services, contact customer service.

If you believe that Health Alliance has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: Health Alliance, Customer Service, 3310 Fields South Drive, Champaign, IL 61822 or 411 N. Chelan Ave., Wenatchee, WA 98801, telephone for members in Illinois, Indiana, Iowa and Ohio: 1-800-851-3379; telephone for members in Washington: 1-877-750-3515 TTY: 711, fax: 217-902-9705, <a href="Customer Service@healthalliance.org">Customer Service@healthalliance.org</a>. You can file a grievance in person or by mail, fax or email. If you need help filing a grievance, Customer Service is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <a href="https://ocrportal.hhs.gov/ocr/portal/lobby.jsf">https://ocrportal.hhs.gov/ocr/portal/lobby.jsf</a>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW, Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019, TTY: 1-800-537-7697.

Complaint forms are available at <a href="http://www.hhs.gov/ocr/office/file/index.html">http://www.hhs.gov/ocr/office/file/index.html</a>.

- <u>ATENCIÓN</u>: Si habla Español, servicios de asistencia lingüística, de forma gratuita, están disponibles para usted. IA, IL, IN, OH: Llame 1-800-851-3379, WA Llame: 1-877-750-3515 (TTY: 711).
- 注意:如果你講中文,語言協助服務,免費的,都可以給你。IA,IL,IN,OH:呼叫1-800-851-3379,WA:呼叫1-877-750-3515(TTY:711)。
- <u>UWAGA</u>: Jeśli mówić Polskie, usługi pomocy języka, bezpłatnie, są dostępne dla Ciebie. IA, IL, IN, OH: Zadzwoń 1-800-851-3379, WA: Zadzwoń 1-877-750-3515 (TTY: 711).
- <u>Chú ý</u>: Nếu bạn nói Tiếng Việt, các dịch vụ hỗ trợ ngôn ngữ, miễn phí, có sẵn cho bạn. IA, IL, IN, OH: Gọi 1-800-851-3379, WA: Gọi 1-877-750-3515 (TTY: 711).
- <u>주의</u>: 당신이한국어, 무료 언어 지원 서비스를 말하는 경우 사용할 수 있습니다. 1-800-851-3379 IA, IL, IN, OH: 전화 WA: 1-877-750-3515 전화 (TTY: 711).
- <u>ВНИМАНИЕ</u>: Если вы говорите русский, вставки услуги языковой помощи, бесплатно, доступны для вас. IA, IL, IN, OH: Вызов 1-800-851-3379, WA: Вызов 1-877-750-3515 (ТТҮ: 711).
- <u>Pansin</u>: Kung magsalita ka Tagalog, mga serbisyo ng tulong sa wika, nang walang bayad, ay magagamit sa iyo. IA, IL, IN, OH: Tumawag 1-800-851-3379, WA: Tumawag 1-877-750-3515 (TTY: 711).
  - انتباه: إذا كنت تتكلم العربية، فإن خدمات المساعدة اللغوية متوفرة لك مجاناً. إيلينوي، إنديانا، أو هايو: اتصل بالرقم 3379-851-800-1، ولاية واشنطن: اتصل بالرقم: 3515-750-750-1-1 (إذا كنت تعاني من الصمم أو صعوبة في السمع فاتصل على الرقم 711)
- <u>Aufmerksamkeit</u>: Wenn Sie Deutsch sprechen, Sprachassistenzdienste sind kostenlos, zur Verfügung. IA, IL, IN, OH: Anruf 1-800-851-3379, WA: Anruf 1-877-750-3515 (TTY: 711).
- <u>ATTENTION</u>: Si vous parlez français, les services d'assistance linguistique, gratuitement, sont à votre disposition. IA, IL, IN, OH: Appelez 1-800-851-3379, WA: Appelez 1-877-750-3515 (TTY: 711).
- <u>ધ્યાન</u>: તમે વાત તો ગુજરાતી, ભાષા સહાય સેવાઓ, મફત, તમારા માટે ઉપલબ્ધ છે. IA, IL, IN, OH: કૉલ 1-800-851-3379, WA: કૉલ 1-877-750-3515 (TTY: 711).
- <u>注意</u>: あなたは、日本語、無料で言語支援サービスを、話す場合は、あなたに利用可能です。 1-800-851-3379 IA, IL, IN, OH: コール 1-877-750-3515 WA: コール (TTY: 711)。
- <u>LET OP</u>: Als je spreekt pennsylvania nederlandse, taalkundige bijstand diensten, gratis voor u beschikbaar zijn. IA, IL, IN, OH: Bel 1-800-851-3379, WA: Bel 1-877-750-3515 (TTY: 711).
- <u>УВАГА</u>: Якщо ви говорите український, вставки послуги мовної допомоги, безкоштовно, доступні для вас. IA, IL, IN, OH: Виклик 1-800-851-3379, WA: Виклик 1-877-750-3515 (ТТҮ: 711).
- <u>ATTENZIONE</u>: Se si parla italiano, servizi di assistenza linguistica, a titolo gratuito, sono a vostra disposizione. IA, IL, IN, OH: Chiamare 1-800-851-3379, WA: Chiamare 1-877-750-3515 (TTY: 711).