

Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services Illinois Educators Risk Management Program Association — POS 2500 100

Coverage Period: Beginning on or after: 01/01/2019

Coverage for: Single and Family | Plan Type: POS

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, contact HealthAlliance.org or call 1-800-322-7451. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at <a href="https://www.dol.gov/agencies/ebsa">www.dol.gov/agencies/ebsa</a> or call 1-800-322-7451 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Per calendar year: January - December Preferred: \$2,500 single / \$7,500 family Non-Preferred: \$5,000 single / \$15,000 family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. The following services are not subject to <u>deductible</u> : <u>emergency room care</u> , <u>emergency medical transportation</u> , <u>urgent care</u> and spinal manipulations and <u>Preferred Provider</u> office visits, <u>preventive</u> services and <u>prescription</u> and <u>specialty</u> <u>drugs</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other <u>deductibles</u> for specific services?	No	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Per calendar year: January - December Preferred: \$2,500 single / \$7,500 family Non-Preferred: \$5,000 single / \$15,000 family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billed charges, health care this plan doesn't cover, <u>preauthorization</u> penalties, charges over the maximum allowable charge	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>HealthAlliance.org</u> or call 1-800-322-7451 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes. A <u>referral</u> may be required to see a <u>specialist</u> when utilizing <u>participating providers</u> . No <u>referral</u> is needed for <u>non-participating providers</u> .	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common	wmon What You Will Pay			
Medical Event	Services You May Need	Preferred Provider (You will pay the least)	Non-Preferred Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$25 <u>copayment</u> per visit <u>deductible</u> does not apply	50% <u>coinsurance</u> , after <u>deductible</u>	None
	<u>Specialist</u> visit	<ul> <li>\$50 copayment per visit         deductible does not apply</li> <li>Spinal Manipulations: 50%         coinsurance deductible does not apply</li> <li>TMJ: 0% coinsurance, after deductible</li> </ul>	<ul> <li>50% coinsurance, after deductible</li> <li>Spinal Manipulations: 50% coinsurance, deductible does not apply</li> </ul>	Spinal Manipulations: Limited to \$500 per calendar year. TMJ: Limited to \$2,500 per lifetime.
	Preventive care/screening/ immunization	No charge	50% <u>coinsurance</u> , after <u>deductible</u>	Age, gender, & frequency limits may apply. Please see the <u>preventive care</u> section(s) of your <u>plan</u> document. You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services needed are <u>preventive</u> . Then check what your <u>plan</u> will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	0% <u>coinsurance</u> , after <u>deductible</u>	50% <u>coinsurance</u> , after <u>deductible</u>	<u>Preauthorization</u> on select tests may be required.
ii yoo nuve u iesi	Imaging (CT/PET scans, MRIs)	0% coinsurance, after deductible	50% <u>coinsurance</u> , after <u>deductible</u>	Preauthorization on select tests may be required.
	Generic drugs	Category 1: \$7 <u>copayment</u> per prescription (retail) and \$19.25 <u>copayment</u> prescription (mail-order)	50% <u>coinsurance</u> , after <u>deductible</u>	<u>Deductible</u> is waived on <u>preferred prescriptions</u> . Covers 30 day supply for retail and 90 day supply for mail order. <u>Preauthorization</u> on select drugs may be required.
If you need drugs to treat your illness or condition	Preferred brand drugs	Category 2: \$35 <u>copayment</u> pre prescription (retail) and \$96.25 <u>copayment</u> per prescription (mailorder)	50% <u>coinsurance</u> , after <u>deductible</u>	<u>Deductible</u> is waived on <u>preferred prescriptions</u> . Covers 30 day supply for retail and 90 day supply for mail order. <u>Preauthorization</u> on select drugs may be required.
More information about prescription drug coverage is available at HealthAlliance .org.	Non-preferred brand drugs	Category 3: \$70 <u>copayment</u> per prescription (retail) and \$192.50 <u>copayment</u> pre prescription (mailorder)	50% <u>coinsurance</u> , after <u>deductible</u>	<u>Deductible</u> is waived on <u>preferred prescriptions</u> . Covers 30 day supply for retail and 90 day supply for mail order. <u>Preauthorization</u> on select drugs may be required.
	Specialty drugs	Category 4: \$140 <u>copayment</u> per prescription Category 5: \$210 <u>copayment</u> per prescription Category 6: 50% <u>coinsurance</u>	50% <u>coinsurance</u> , after <u>deductible</u>	<u>Deductible</u> is waived on <u>preferred prescriptions</u> . <u>Preauthorization</u> is required.

Common	What You Will Pay			
Medical Event	Services You May Need	Preferred Provider	Non-Preferred Provider	Limitations, Exceptions, & Other Important Information
		(You will pay the least)	(You will pay the most)	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	0% <u>coinsurance</u> , after <u>deductible</u>	50% <u>coinsurance</u> , after <u>deductible</u>	<u>Preauthorization</u> on select surgeries may be required.
surgery	Physician/surgeon fees	0% <u>coinsurance</u> , after <u>deductible</u>	50% <u>coinsurance</u> , after <u>deductible</u>	<u>Preauthorization</u> on select surgeries may be required.
	Emergency room care	\$200 <u>copayment</u> per visit <u>deductible</u> does not apply	\$200 <u>copayment</u> per visit, <u>deductible</u> does not apply	None
If you need immediate medical attention	Emergency medical transportation	\$100 <u>copayment deductible</u> does not apply	\$100 <u>copayment</u> , <u>deductible</u> does not apply	None
	<u>Urgent care</u>	\$50 <u>copayment</u> per visit <u>deductible</u> does not apply	50% <u>coinsurance</u> , <u>deductible</u> does not apply	None
If you have a hospital	Facility fee (e.g., hospital room)	0% <u>coinsurance</u> , after <u>deductible</u>	50% <u>coinsurance</u> , after <u>deductible</u>	<u>Preauthorization</u> is required.
stay	Physician/surgeon fees	0% <u>coinsurance</u> , after <u>deductible</u>	50% <u>coinsurance</u> , after <u>deductible</u>	None
If you need mental health, behavioral	Outpatient services	\$25 <u>copayment</u> per visit <u>deductible</u> does not apply	50% <u>coinsurance</u> , after <u>deductible</u>	None
health, or substance abuse services	Innatiant carvicac IIV/a coincilranca attar addictinia	0% <u>coinsurance</u> , after <u>deductible</u>	50% <u>coinsurance</u> , after <u>deductible</u>	<u>Preauthorization</u> is required.
	Office visits	0% coinsurance, after deductible	50% coinsurance, after deductible	Cost sharing does not apply for <u>preferred preventive</u> services.  Depending on the type of services, a <u>copayment</u> , <u>coinsurance</u> , or <u>deductible</u> may apply.
If you are pregnant	Childbirth/delivery professional services	070 comsorance, unter deductione	3070 comsorance, uner <u>aeaocmie</u>	Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.)
	Childbirth/delivery facility services	0% <u>coinsurance</u> , after <u>deductible</u>	50% <u>coinsurance</u> , after <u>deductible</u>	<u>Preauthorization</u> is required.
	Home health care	0% <u>coinsurance</u> , after <u>deductible</u>	50% <u>coinsurance</u> , after <u>deductible</u>	<u>Preauthorization</u> is required.
If you need help recovering or have other special health needs	Rehabilitation services	0% <u>coinsurance</u> , after <u>deductible</u>	50% <u>coinsurance</u> , after <u>deductible</u>	- Inpatient <u>Rehabilitation</u> : <u>Preauthorization</u> is required. Limited to 120 days per calendar year combined with <u>Skilled Nursing</u> <u>Care</u> .
	<u>Habilitation services</u>	0% <u>coinsurance</u> , after <u>deductible</u>	50% <u>coinsurance</u> , after <u>deductible</u>	<ul> <li>Outpatient <u>Rehabilitation</u>: Therapy limited to 60 visits per condition per calendar year.</li> <li>Cardiac <u>Rehabilitation</u> limited to 36 sessions per calendar year.</li> </ul>
	Skilled nursing care	0% <u>coinsurance</u> , after <u>deductible</u>	50% <u>coinsurance</u> , after <u>deductible</u>	<u>Preauthorization</u> is required. Limited to 120 days per calendar year combined with Inpatient <u>Rehabilitation</u> .
	Durable medical equipment	0% <u>coinsurance</u> , after <u>deductible</u>	50% <u>coinsurance</u> , after <u>deductible</u>	<u>Preauthorization</u> on select <u>DME</u> may be required.
	Hospice services	0% <u>coinsurance</u> , after <u>deductible</u>	50% <u>coinsurance</u> , after <u>deductible</u>	None

Common		What You Will Pay			
Medical Event	Services You May Need	Preferred Provider (You will pay the least)	Non-Preferred Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Children's eye exam	\$40 <u>copayment</u> , per visit <u>deductible</u> does not apply	50% <u>coinsurance</u> , after <u>deductible</u>	None	
If your child needs dental or eye care	Children's glasses	Not covered	Not covered	None	
	Children's dental check-up	Not covered	Not covered	None	

#### **Excluded Services & Other Covered Services:**

Acupuncture

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- - Hearing aids
     Cosmetic surgery

    Private-duty nursing
- Long-term care
   Dental care (Adult)
   Weight loss programs

# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)

- Bariatric surgery
   Infertility treatment
- Chiropractic care Routine foot care

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the <u>Plan</u> at 1-217-834-3309 or Department of Health and Human Services, Center for Consumer Information and Insurance Oversight at 1-877-267-2323 x61565 or <a href="www.cciio.cms.gov">www.cciio.cms.gov</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <a href="Marketplace">Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: Health Alliance at 1-800-322-7451. Additionally, a consumer assistance program can help you file your appeal. Contact U.S. Department of Labor, Employee Benefits Security Administration at 1-866-487-2365 or visit <a href="https://www.cms.gov/ccito/Resources/Consumer-Assistance-Grants/">www.dol.gov/ebsa/healthreform</a> or visit <a href="https://www.cms.gov/ccito/Resources/Consumer-Assistance-Grants/">https://www.cms.gov/ccito/Resources/Consumer-Assistance-Grants/</a>.

# Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Non-emergency care when traveling outside the U.S.

# Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

# **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-322-7451.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-322-7451.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-800-322-7451.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-322-7451.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.—

# **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

The <u>plan's</u> overall <u>deductible</u>	\$0
Specialist copayment	\$50
Hospital (facility) copayment	\$2,000
Other coinsurance	20%

#### This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (*ultrasounds and blood work*)
Specialist visit (*anesthesia*)

#### In this example, Peg would pay:

Cost Sharing		
Deductibles	\$2,500	
Copayments	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is \$2,5		

# Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

The <u>plan's</u> overall <u>deductible</u>	\$0
Specialist copayment	\$50
Hospital (facility) copayment	\$2,000
Other coinsurance	20%

#### This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)
Diagnostic tests *(blood work)*Prescription drugs
Durable medical equipment *(glucose meter)* 

Total Example Cost	\$7,400
--------------------	---------

# In this example, Joe would pay:

Cost Sharing	
Deductibles	\$1,200
Copayments	\$900
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$60
The total Joe would pay is	\$2,160

# Mia's Simple Fracture

(in-network emergency room visit and follow up care)

The plan's overall deductible	\$0
Specialist copayment	\$50
■ Hospital (facility) <u>copayment</u>	\$200
Other coinsurance	20%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)
Diagnostic test (x-ray)
Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

Total Example Cost	\$1,900
--------------------	---------

# In this example, Mia would pay:

Cost Sharing	
Deductibles	\$600
Copayments	\$400
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$1,000

# **IMPORTANT**

Section 1557 of PPACA, a federal law, requires that you be provided this notice.

The notice does not change the terms of your coverage and/or benefits under your employer-sponsored health plan.

Please review the information and keep it with your plan materials.

NO FURTHER ACTION IS REQUIRED ON YOUR PART.



# **DISCRIMINATION IS AGAINST THE LAW**

Health Alliance complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Health Alliance does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex. Health Alliance:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - o Qualified sign language interpreters
  - o Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - o Qualified interpreters
  - o Information written in other languages

If you need these services, contact customer service.

If you believe that Health Alliance has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: Health Alliance Medical Plans, Customer Service, 3310 Fields South Drive, Champaign, IL 61822, telephone: 1-800-851-3379, TTY: 711, fax: 217-902-9705, Customer Service@healthalliance.org. You can file a grievance in person or by mail, fax or email. If you need help filing a grievance, Customer Service is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/smartscreen/main.jsf, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW, Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019, TTY: 1-800-537-7697.

Complaint forms are available at <a href="https://www.hhs.gov/ocr/filing-with-ocr/index.html">https://www.hhs.gov/ocr/filing-with-ocr/index.html</a>.

#### Spanish

ATENCIÓN: Si habla Español, servicios de asistencia lingüística, de forma gratuita, están disponibles para usted. Llame 1-800-851-3379 (TTY: 711).

#### Chinese

注意:如果你講中文,語言協助服務,免費的,都可以給你。呼叫1-800-851-3379 (TTY: 711).

#### Polish

UWAGA: Jeśli mówić Polskie, usługi pomocy języka, bezpłatnie, są dostępne dla Ciebie. Zadzwoń 1-800-851-3379 (TTY: 711).

#### Vietnamese

Chú ý: Nếu bạn nói Tiếng Việt, các dịch vụ hỗ trợ ngôn ngữ, miễn phí, có sẵn cho bạn. Gọi 1-800-851-3379 (TTY: 711).

#### Korean

주의: 당신이한국어, 무료 언어 지원 서비스를 말하는 경우 사용할 수 있습니다. 1-800-851-3379 전화 (TTY: 711).

#### Russian

ВНИМАНИЕ: Если вы говорите русский, вставки услуги языковой помощи, бесплатно, доступны для вас. Вызов 1-800-851-3379 (ТТҮ: 711).

#### **Tagalog**

Pansin: Kung magsalita ka Tagalog, mga serbisyo ng tulong sa wika, nang walang bayad, ay magagamit sa iyo. Tumawag 1-800-851-3379 (TTY: 711).

#### Arabic

.(TTY: 711). 851-800-851-309-1ءاعدتس. كُل رفونة ، اناجم ، قبو غللا قدعاسماا تامدذ ، قبير علا قغللا شدحتة تنك اذإ : مينة

#### German

Wenn Sie Deutsch sprechen, Sprachassistenzdienste sind kostenlos, zur Verfügung. Anruf 1-800-851-3379 (TTY: 711).

#### French.

ATTENTION: Si vous parlez français, les services d'assistance linguistique, gratuitement, sont à votre disposition. Appelez 1-800-851-3379 (TTY: 711).

# <u>Gujarati</u>

ધ્યા: તમે વયત તો □ુજરયતી, ભયષય સહય્ સેવયઓ, મફત, તમયરય મયટ□ ઉપલબ્ છે. કૉલ 1-800-851-3379 (TTY: 711).

## <u>Japanese</u>

注意:あなたは、日本語、無料で言語支援サービスを、話す場合は、あなたに利用可能です。 1-800-851-3379コール (TTY: 711).

## Pennsylvania Dutch

LET OP: Als je spreekt pennsylvania nederlandse, taalkundige bijstand diensten, gratis voor u beschikbaar zijn. Bel 1-800-851-3379 (TTY: 711).

## <u>Ukrainian</u>

УВАГА: Якщо ви говорите український, вставки послуги мовної допомоги, безкоштовно, доступні для вас. Виклик 1-800-851-3379 (ТТҮ: 711).

## <u>Italian</u>

ATTENZIONE: Se si parla italiano, servizi di assistenza linguistica, a titolo gratuito, sono a vostra disposizione. Chiamare 1-800-851-3379 (TTY: 711).